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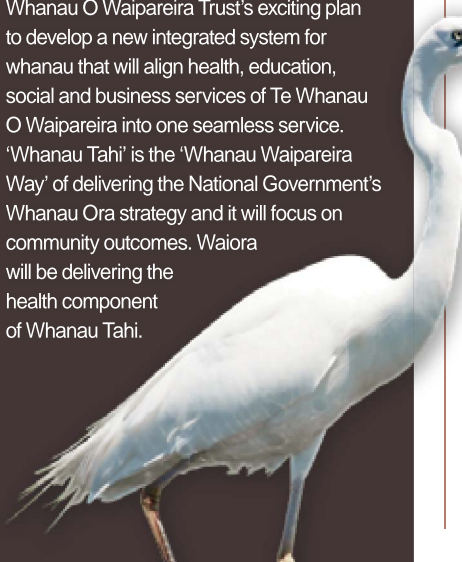
## BRIEFS

### B4SC

B4 School Checks are above target for Waiora Healthcare! The nursing team has checked around 30 percent of pre-schoolers in Waitakere over the last quarter which is well above the 25 percent target. "It's going along fantastically and I'm really proud of my team" says B4 School Check Coordinator Paulette Taylor.

### WHANAU ORA

Waiora Healthcare will be a part of Te Whanau O Waipareira Trust's exciting plan to develop a new integrated system for whanau that will align health, education, social and business services of Te Whanau O Waipareira into one seamless service. 'Whanau Tahī' is the 'Whanau Waipareira Way' of delivering the National Government's Whanau Ora strategy and it will focus on community outcomes. Waiora will be delivering the health component of Whanau Tahī.



# HAERE RĀ - AND - HAERE MAI!

The end of August signaled the end of an era for Waiora Healthcare. Chief Executive Simon Royal was farewelled, having led Waiora since 2005, starting with just two staff members. He has been appointed as the Chief Executive Officer (CEO) of the National Maori PHO Coalition.

Operations Manager Jo Tjaden, who worked with Simon from those early days, reflects on the significant contributions he has made to the West Auckland community:

"Simon Royal was committed to supporting Waiora Healthcare Trust to develop into an outstanding primary healthcare organisation (PHO) that focused on reducing inequalities and meeting the needs of West Auckland people and their families. He believed that communities need strong PHOs that support the growth and development of affordable family healthcare.

Of particular importance to him was the need to contribute to improving the health of Maori, whanau and the wider community in Waitakere.



Former Waiora Healthcare CEO Simon Royal has been appointed as the CEO of the National Maori PHO Coalition

It was also important to him to seek out opportunities to add to the range of services the PHO provides and for the Trust to offer its unique range of services to an ever-increasing number of people across the region.

During his leadership, the organisation grew from an initial 18,000 enrolled patients to 45,000 and from three member practices to eight.

He began a change management programme in the Waiora Healthcare practices which focused on high quality Community Health Clinics for our highest needs people."

Lance Norman has taken on the role of Acting CEO. "I'm really excited about using my commercial background to help improve the status of Maori health and wellbeing in our community. Maori are under-funded and under-served and it is my intention to significantly reduce this gap" says Lance.

## NEW CLINICAL DIRECTOR ROLE

Waiora Healthcare has also recently farewelled GP Lead, Dr John Wellingham, after one and a half years of dedicated service. John oversaw the establishment of the Clinical Governance Group and contributed to the formation of clinical indicators. He was also Clinical Director for Wai Health.

Acting CEO Lance Norman says John has made valuable contributions to key projects that have helped shape health delivery in the West. John will be focusing on his work at Apollo Health and Wellness Centre in Albany.

Since John's departure, a new Clinical Director role has been established. This was created in response to Waiora Healthcare's increasing enrolled population as well as to the significant changes in primary healthcare and devolution of secondary services to primary care.



New Clinical Director Janine Strickland and Acting CEO Lance Norman

Waiora Clinical and Quality Manager, Janine Strickland, will be Acting Clinical Director until a permanent person is appointed. "My focus will be to engage regionally and nationally on secondary devolution and 'better, sooner, more convenient' primary healthcare," she says. Neil Kemp will act as Clinical and Quality Manager in the interim.



Laraun Scott at the Vector Arena for AUT's Maori Expo

## WAIORA ON DISPLAY AT THE AUT MAORI EXPO

Kia tū kia māia : Seize the Day, was the theme of the AUT Maori Expo 2009. Waiora Healthcare had their own stall at the August Expo giving the PHO an outlet to reach Maori youth and their whanau. The event was the first Maori expo held at the Vector Arena, attracting over 20,000 people.



Monique Johnstone and her family at the Waitakere Trust's Stadium for the Fun Run

## WAITAKERE CITY 11KM FUN RUN & HALF MARATHON

The team at Waiora joined their fellow westies in the Waitakere Fun Run on October 11 in the name of health and fitness. The run was a great way for Waiora staff to get out there together and get moving while also contributing to a great cause. Our own staff member, Denis Snelgar, won a gym membership spot prize on the day. The run continues to grow in popularity and each year around \$120,000 gets put back into Waitakere City, including the Piha Surf Lifesaving Club.



## RETURNING HOME TO HELP

Practice Nurse Matilda Nofoaiga from The Doctors New Lynn (TDNL) recently returned to her homeland of Samoa, to help Tsunami victims in Apia's main hospital.

Both Waiora Healthcare and TDNL co-owner Dr Charles Sanders sponsored Matilda's return flights as well as general supplies to take to the hospital.

"I am so grateful for this opportunity, I would have felt helpless sitting here looking at the destruction. I see it as a blessing and a privilege [to be able to go]" says Matilda.

During her October trip, Matilda spent most of her time in Apia in a separate ward dedicated to tsunami victims. She says it was

fantastic to see there were people from all over the world that had come in to help and the hospital could use all the help they can get.

Matilda also visited the Lalomanu district which was the most affected area and also the location of one of the country's most popular resorts.

"I've never seen such damage; we've had cyclones but nothing like this".

Matilda's family lives far inland in the city and was lucky not to be directly affected by the Tsunami. However, the whole Samoan community are binding together in grief and are supporting each other through this time.

"They will get through this" says Matilda.

## ONE HEART MANY LIVES

The One Heart Many Lives West Auckland program has been a great success, with more than 70 Maori and Pacific Island men screened by Waiora Healthcare nurses throughout October.

The One Heart Many Lives (OHML) Programme aims to screen Maori and Pacific men aged 35+ for risk factors associated with heart disease. Statistics show that Maori and Pacific men die of heart disease 10-14 years earlier than non-Maori and non-Pacific men.

Waiora Healthcare Nurse Manager Brenda Close says she is very pleased with the progress

that has been made: "By connecting with our whanau in the community we are reaching those at risk who might not otherwise have been reached".

Screenings were held at Hoani Waititi Marae in Glen Eden and the Rheem factory in Avondale. The nurses kept a record of those men in the "high risk" category and, for those who did not want results sent to their GP, will follow up with further checks in six to 12 months. The nursing team also took the opportunity to discuss other health promotion activities such as the Smoking Cessation Programme.

Waiora nurse Michelle Cassidy carrying out checks at Hoani Waititi Marae





Waipareira Trusts' Chairwoman Evelyn Taumaunu, Waiora Healthcare Chairman John Tamihere and Te Kotuku Ki Te Rangī's Chief Executive Josie Smith and Chairman Brian O'Shea. Photo courtesy of *The Western Leader*

## WAIORA UNITES WITH TE KOTUKU KI TE RANGI

Waiora Healthcare recently achieved another significant milestone when they signed a memorandum of understanding (MOU) with mental illness support agency Te Kotuku Ki Te Rangī. The union will provide stability as the landscape of primary healthcare changes, while also creating a strong relationship so that both organisations can deliver more efficient healthcare services to the public.

Te Kotuku Ki Te Rangī is based in Avondale and serves the northern region of the north island. They provide community based Kaupapa Maori Mental Health Services for Tangata Whaiora (people seeking wellness).

The MOU was initiated by Te Whanau O Waipareira Trust with the hope of working collaboratively rather than competitively. All three organisations are working closer together to ensure whanau with mental health issues are looked after no matter what their situation is.



Westview Medical Centre staff wear their BreastScreening t-shirts at work and on the netball courts

## BREASTSCREENING AWARENESS TAKES TO NETBALL COURTS

What do breast screening and indoor netball have in common? Out West it's Westview Medical Centre.

Staff members at the Glen Eden clinic have got their patients talking about breast checks by wearing BreastScreening Aotearoa's distinctive blue t-shirts throughout October. Their demonstration of support for the free screening programme was such a hit with their patients they decided to take it a step further and now use the t-shirts as part of their indoor netball uniform. The team boasts a clinical psychologist and a physiotherapist, who work in adjoining clinics at the medical centre. The Westview cheerleaders also wear the t-shirts, all of which has raised awareness says

Practice Nurse Gael Johnston.

"Every staff member joined in, even the doctors wanted to be part of it. It got patients talking about it and asking questions."

The practice (of nine doctors, six nurses, five Receptionists and a Practice Manager) refers patients to BreastScreening Aotearoa. The aim is to offer free screenings to women aged 45 to 69 years to find very small cancers before a lump can be felt.

For more information please contact BreastScreening Aotearoa or your local Waiora Healthcare medical centre.

## MERGER OF OUR TWO PRACTICES

This month Dr Nahida Akhi Saeed and Dr Soheli Kashem of Rathgar Medical Centre joined Ranui Medical Centre at their clinic on Swanson Rd. The merger of the two practices will result in a doubling of available medical services in Ranui. Ranui is an area of significant high need and rapidly increasing population growth and the increase in available medical services will be a real boost for the people of Ranui and the surrounding areas. The two practices will eventually move to a brand new purpose built clinic in 2010.



We are a collective of health care professionals and providers who are passionate about delivering quality, affordable healthcare services to the wider West Auckland community/whanau. Our team of doctors, nurses and other health care professionals are committed to improving, maintaining and restoring the health of our patients.

## FAMILY HEALTH CENTRE SERVICES

- Doctors consults
- B4 School Checks
- Nurse consults
- Immunisations
- Medical Check Ups
- Men and Women's Health Checks
- Minor Surgery
- Cervical Smear & Breast Checks
- Diabetes screening
- Evenings & Weekend Consults for ACC & Sports Injuries
- Heart Health Checks
- Dietitian Clinic
- Podiatrist
- Dental services
- Pharmacy Services
- Wound Care
- Fracture Clinic
- Physiotherapy Services
- One Heart Many Lives – a Cardiovascular programme targeting Māori & Pacific men 35 years+

# WAIORA

## HEALTHCARE PHO

*Quality Affordable Healthcare*



To submit stories or for further information please visit our website or contact:

W : [www.waiorahealthcare.co.nz](http://www.waiorahealthcare.co.nz)  
E : [info@waiorahealthcare.co.nz](mailto:info@waiorahealthcare.co.nz)

P : (09) 838 1523  
F : (09) 838 1524

✉ : Waiora Healthcare Trust  
Level 1  
56 Lincoln Rd  
Henderson

## POSITIONS VACANT

### HEALTH PROMOTIONS COORDINATOR

HELP MAKE A DIFFERENCE TO THE HEALTH AND WELLBEING OF THE COMMUNITY

Waiora Healthcare PHO is offering the opportunity for the right person to lead our health promotion services across West Auckland.

You will need to have experience in Health Promotion and supporting developments that assist whānau in accessing health services (SIA) across community settings; good working knowledge of the Treaty of Waitangi and Ottawa Charter and how these impact on Health Promotion strategies; and demonstrated commitment to increasing Maori Health gains and affinity to working in Maori communities.

You will also need to have excellent verbal and written communication skills and demonstrate an ability to engage with a variety of communities.

This role will be challenging and rewarding and will require an enthusiastic and innovative individual to fill the position.

PLEASE SEND YOUR APPLICATION BY DECEMBER 31 TO

**Brenda Close**  
[brendac@waiorahealthcare.co.nz](mailto:brendac@waiorahealthcare.co.nz)



**Westview Medical Centre**  
5 Glendale Rd, Glen Eden  
Ph : (09) 818 7111



**Waitakere Union Health Centre**  
Waitakere Hospital Grounds, Lincoln Rd,  
Henderson • Ph : (09) 837 3933

**Rathgar Medical Clinic**

132A Rathgar Rd, Henderson  
Ph : (09) 838 8361



**Wai-Health**  
13-15 Ratanui St, Henderson  
Ph : (09) 839 0288



**Kelston Medical Centre**  
8 Archibald Rd, Kelston  
Ph : (09) 818 5208



**The Doctors New Lynn**  
19 Delta Ave, New Lynn • Ph : (09) 827 7810

**McLaren Medical Clinic**

83 Bruce McLaren Rd,  
Henderson • Ph : (09) 837 3399

**Ranui Medical Clinic**

482 Swanson Rd, Ranui  
Ph : (09) 833 6033